



Entrevue de la Chaire Logistics City 27 juin 2025

Do Shopping Trips Fit the 15-Minute City Ideal?

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# **FRESH Project**

- European research project FRESH/DUT (Driving Urban Transition)
- The project looks at shopping and logistics within 'the 15-minute cities'
- Partners: TU Dortmund (Germany), Gustav Eiffel University (France), NTNU (Norway), and ETH
  Zurich (Swizerland)

## Ongoing activities:

- Report: State-of-the-art review of e-commerce last mile delivery solutions and policies
- Multicountry comparision of shopping trips (today's presentation)
- Online-Survey on shopping and travel behavior
- Common Vocabulary (lexicon) development



# **Proximity in urban planning – « the 15-minute city »**

**The 15-minute city concept** aims to achieve essential services to be within a short distance, promoting sustainable, walkable, and accessible neighborhoods

### Core principles :-

- Proximity to essential services
- Diversity of land uses and amenities
- Density (population & service concentration)
- Digitalization/local platforms





Do current shopping trip behaviors reflect the 15-minute city principles?



# **Data & Methodology**

#### **Data Sources:**

- National travel surveys of 4 European countries France, Germany, Norway and Switzerland
- For France two survey waves of ENTD 2008 & EMP 2019 (before Covid-19)

Scope: trend analysis on shopping vs non-shopping trips

Variables analyzed: stratifications

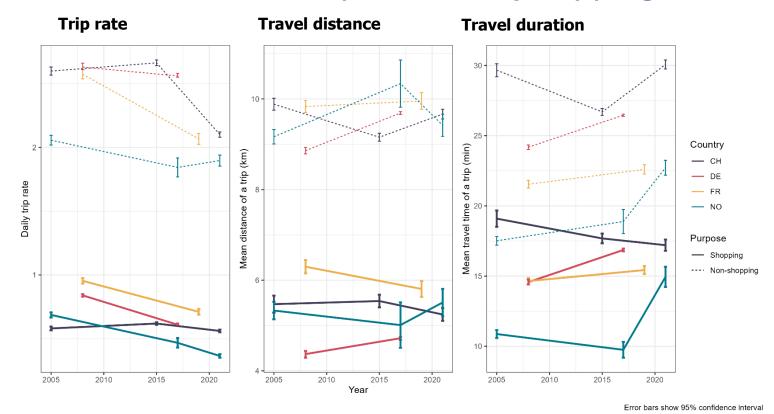
- Single gender, age group, household income/type, weekday, time of day, location type (urban, suburban, rural)
- Double location(urbanization) type \* (Gender, Age, household income/type)

### Key Metrics:

- Share of shopping and non-shopping trips
- Trip rate per person/day
- Travel distance & time
- Modal share/use



# **Results:** Overall Trip Patterns (shopping vs non-shopping)



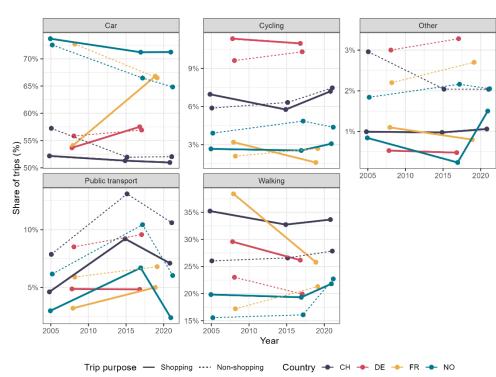
FRANCE: highlights of shipping trips

- Highest share of shopping trips and trip rate with shopping distance declined, whereas travel distance and duration per trip increases
- Longer trips (distance) than proximity and travel duration around 15-min, but by which mode?
- Car is the main mode (>65%) and increasing, but active modes (walking and cycling) and public transport has less share

FRANCE: - Share of Shopping trips (%)

- **2008 27%**
- **2019 25.6%**

#### **Modal share**

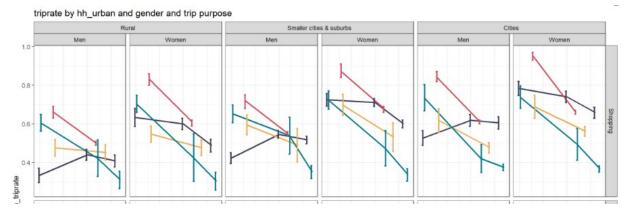




# Stratified results (Urban Type × Gender)

Trip purpose — Shopping ····· Non-shopping Country → CH → DE → FR → NO

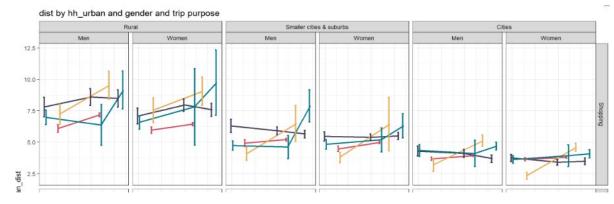
#### **Trip rate**



## Highlights (France):

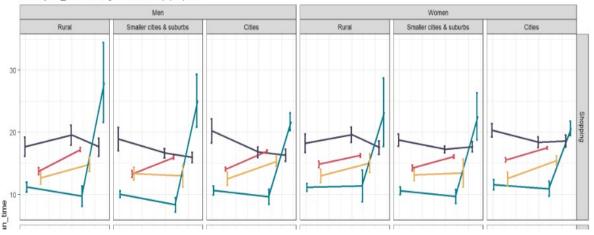
- Urban-women has highest shopping trip rate, but travel less distance
- Rural-women travel the furthest for shopping
- Shopping similarly take around 15-minutes for both men and women regardless of their location, but by which mode?

#### **Travel distance**



#### **Travel duration**

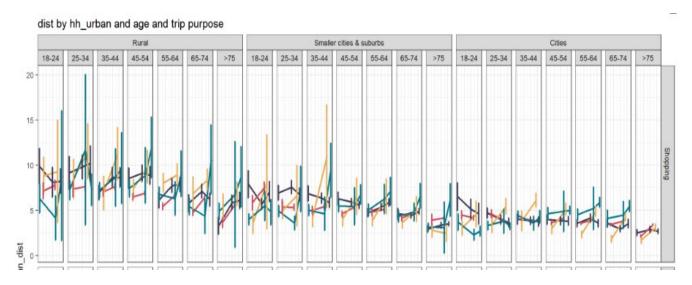
time by hh\_urban and gender and trip purpose



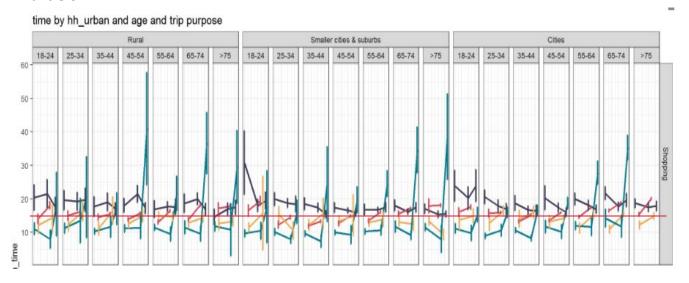


# Stratified Insights (Urban Type × age)

#### **Travel distance**



#### **Duration**

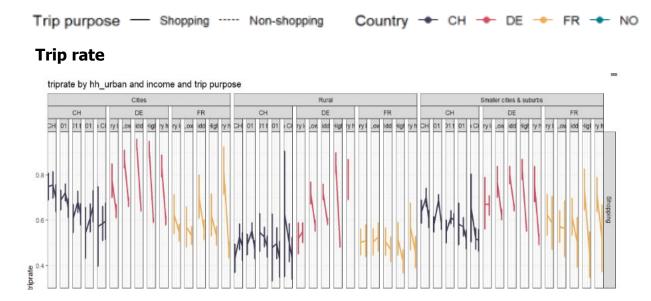


### Highlights (France):

- Older age-groups (>65) live in urban area travels the shortest distance for shopping
- Similar duration for shopping across age groups (+15 minutes), but by which mode?



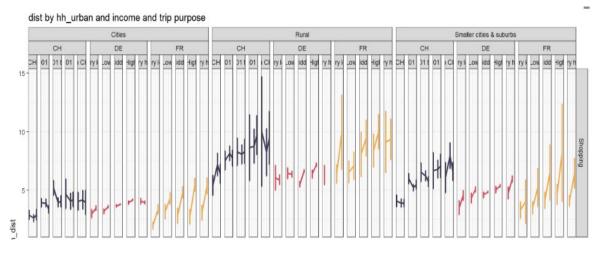
# Stratified Insights (Urban Type × Income)



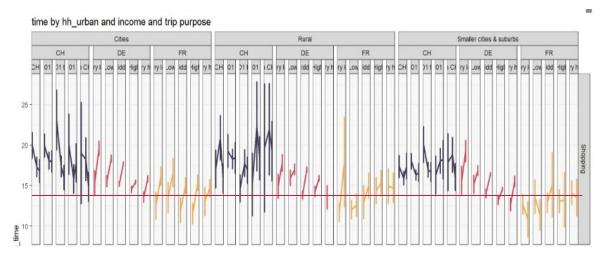
### Highlights (France):

- High income-urban residents shop most frequently but travel shortest
- High income-rural residents shop least frequently but travel the furthest distance and takes relatively longer travel duration
- Similar duration for shopping across both location and income groups (+15 minutes), but by which mode?

#### **Travel distance**



#### **Duration**





## Conclusion and future outlook

### **Summary of Key Findings**

- Do shopping trips fit the 15-minute city ideal? → It depends where we look at
  - Shorter trips and higher active mode share in urban areas
  - Gender and age indicate large variation in shopping trips (travel distance, duration and mode-use)
  - Persistent inequalities by income and location (urban type)
  - Proximity not uniformly achieved, especially outside cities

### **Implication and Next steps**

- Urban planning and policy relevance:
  - Role of local commerce and mobility policy
  - Addressing spatial inequality in access to retail
- Link to FRESH next steps:
  - Integration of more suitable e-commerce delivery systems and measures (report)
  - Urban/suburban consumer's behavior in e-commerce vs traditional market (survey)
  - Stakeholders view on freight delivery systems/regulation to enhance more integration (survey)







